

# Newsletter

Parent support group

April 2007

Dear All,

The months are flying by and it is time for our next meeting. The theme this time is a Question and Answer session so do come along and ask each other or the nurses any sort of questions or concerns you may have and we will try our best to answer them.

**OUR NEXT MEETING WILL TAKE PLACE ON  
WEDNESDAY 09 MAY 2007**

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**THE DIABETES CENTRE, WEST SUFFOLK HOSPITAL FROM  
19.00 – 21.00HRS**

**RSVP by 07 May 2007, using any of the methods shown:**

**Phone 01284 713241 or write to**

**Diabetes Nurses**

**Diabetes Centre**

**West Suffolk Hospital**

**Hardwick Lane**

**Bury St Edmunds**

**Suffolk**

**IP33 2QZ or E-MAIL [linda.whipp@wsh.nhs.uk](mailto:linda.whipp@wsh.nhs.uk)**

***It is important to let us know if you will be attending because if we have no or very few attendees, then the meeting will be cancelled.***

**LOOKING FORWARD TO SEEING YOU THERE.**

The January meeting was very well attended and everyone who came along said how much they had enjoyed it.

## **DIETICIAN'S CORNER**

Look out for your invitation to Food Awareness and Carbohydrate Counting. These sessions are run by the diabetes nurses and the dieticians with more information about diabetes and healthy eating.

## **NEW ID TAGS**

Looking for something new and different for your diabetes alert jewellery. Here are 2 new websites for you to look at:

[www.trycreativemedicalid.com](http://www.trycreativemedicalid.com)

[www.medicaltags.co.uk](http://www.medicaltags.co.uk)

## **SuffDIG**

A new local diabetes interest group has just been formed and their first open meeting is on 19 June 2007 to be held at the Atheneum, Angel Hill, Bury St. Edmunds at 7pm – all welcome.

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Some parents have very kindly offered their phone numbers to be circulated for other parents.

Gillian & Simon Millyard                      01359 242475 (Teenage son and 11 year old daughter)

Elaine Sirrell                                      01284 767612 (Teenage son)

Joanne Blackman                                01638 717806 (12 year old and 3 year old)

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**Many thanks**  
**Diabetes Nurses**